



Office of Head Start: What's New in Health

California Head Start Association
Health Institute
May 3rd, 2011



A Quick Look Back Before Looking Ahead

Cooke Report:

- Issued February 19, 1965
- A Panel of Experts made recommendations for a Head Start Program
- Chaired by Dr. Robert Cooke, a pediatrician from Johns-Hopkins University



Health Requirements

- Medical Assessment
- Pediatric and neurological physical measurements,
- Assessment of nutrition, vision, hearing and speech, and selected tests for TB, anemia and kidney disease.



Health Requirements

- Dental examination
- Screening for special problems and special strengths





Health Requirements

Remedial and Developmental Health Programs should be designed to:

- Include immunization for polio, diphtheria, tetanus, measles, and smallpox whenever necessary.
- Correct disorders through the use of existing health facilities in the medical, psychiatric, psychological, and dental fields. Assist the provision of required appliances such as eyeglasses and hearing aids.
- Establish continuity of health services to meet the child's needs.



Health Requirements

- Develop family awareness of community health resources and the need for their use.
- Establish sound nutritional practices by providing food to program participants as well as educating families in the selection and preparation of foods in the home.
- Transmit pertinent health information to school systems.



Cooke Report: Head Start Mission

- The objectives of a comprehensive program should include:
 - Improving the child's physical health and physical abilities.
 - Helping the emotional and social development of the child by encouraging self-confidence, spontaneity, curiosity, and self-discipline.
 - Improving the child's mental processes and skills with particular attention to conceptual and verbal skills.
 - Establishing patterns and expectations of success for the child which will create a climate of confidence for his future learning efforts.



Today's Focus: School Readiness

Let's All Say It Together:

**“Health is the
Foundation of School
Readiness”**



The Head Start Child Development and Early Learning Framework

- Replaces the Child Outcomes Framework
- “Promoting Positive Outcomes in Early Childhood Programs Serving Children 3-5 Years Old
- 11 Domains, 37 Domain Elements and over 100 Examples





Physical Development and Health Domain

- Physical Health Status
- Health Knowledge and Practice
- Gross Motor Skills
- Fine Motor Skills



World Premier: OHS Health Vision

Vision: Head Start will ensure that all children are healthy and ready for school.

This happens when:

- Children have health insurance and an ongoing source of continuous, accessible, family centered, culturally and linguistically responsive medical and dental care;
- Parents are fully engaged in all aspects of their child's health care;



OHS Health Vision (Continued)

- Physical activity and daily health, hygiene and nutrition practices are integrated into classroom and home activities on an ongoing basis;
- Program's child development and family engagement activities promote mental wellness and identify and address mental health needs of children;
- Systems and policies are in place for early identification and intervention for children living with disabilities, chronic illness or medical fragility



OHS Health Priorities

- **Supporting Head Start's overall mission of school readiness**
- **Oral Health**
- **Physical Activity**
- **Nutrition**
- **Preventing Exposure to Second and Third Hand Smoke**
- **Health Literacy**



Health Projects

- Dental Home Initiative
- Innovation and Improvement Grants on Health Literacy
 - “I CAN” Central Missouri Community Action Agency/UCLA
 - Colorado State University
 - Arkansas Foundation for Health



IIP's

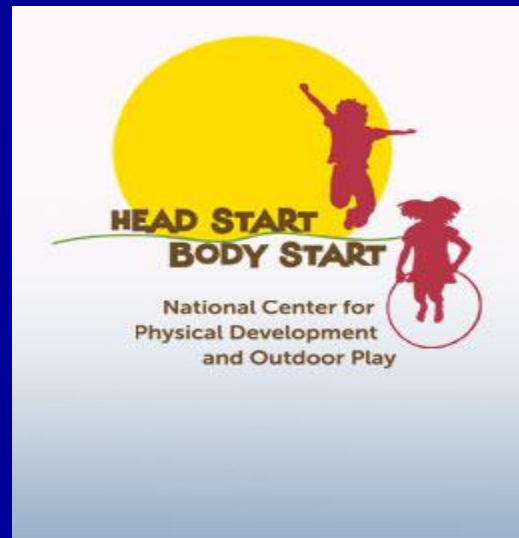
Nutrition/Physical Activity:

- Head Start, Body Start: The National Center on Physical Development and Outdoor Play
 - TABLE
 - A Head Start on Healthy Living (Harris County Department of Education)



The National Center on Physical Development and Outdoor Play: Head Start, Body Start

- Play Space Awards
- IMIL home
- [HTTP://WWW.AAHPERD.ORG](http://www.aaahperd.org)





Some Announcements

- IMIL Grantee Trainings:
 - Coronado, CA May 17-19, 2011
 - San Mateo, CA June 7-9, 2011
- Trainings are free, grantees must pay travel, per diem
- For more Information contact:

Angella Brown, logistics coordinator at Paltech via phone (703) 908-8869 or email abrown@pal-tech.com.



National Center on Health

- The National Center will cover all areas in health: medical, oral health, nutrition, and mental health
- It will include the work of the Dental Home Initiative, disseminate evidence based practices and deliver a consistent message from OHS
- Awarded by September 30, 2011



Office of Head Start Birth to Five Leadership Institute: October 3-5, Washington, DC

Goals

- Promote leadership for ensuring quality teaching and learning; parent, family, and community engagement; comprehensive health services; and program management and fiscal accountability.
- Advance leadership support for cultural and linguistic responsiveness.
- Increase leadership effectiveness for promoting positive child outcomes.
- Strengthen leadership skills for using data to guide program improvement.
- Identify the roles and responsibilities of Head Start program leaders and high-performing teams across systems and services.
- Enhance the individual leadership skills, styles, and strengths of Head Start staff and parent leaders.



Questions

- Performance Standards, monitoring protocol update
- PIR
- Lead Screening
- Communication channels for questions and information
- OHS hosted conference calls



Send Me Your Ideas!!

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Final thoughts

Thank you for inviting me to speak to you. One of these years I hope to attend in person



Thank you for all your hard work on behalf of Head Start children and families. What you do makes such a difference in the life of a child!